



October 2025

Dear Parents and Carers,

We are pleased to let you know that St Edward's Church of England Academy will be supporting World Mental Health Day on Friday 10th October. As part of our commitment to promoting positive mental health and wellbeing, we are inviting all students and staff to wear an item of yellow clothing, or an accessory, on this day.

Why yellow?

Yellow is the colour chosen by the mental health charity Young Minds to symbolise hope and happiness. By wearing yellow, we show that our school community stands together in support of mental health awareness.

Pupils are invited to wear **a yellow item along with their usual school uniform**. In support of this good cause, we ask that you please make a donation of £1 on ParentPay which we will send to the Young Minds charity.

Examples of yellow items (to be worn in conjunction with school uniform) as follows:

- A yellow accessory (e.g. socks, hairband, tie, badge)
- A yellow T-shirt, jumper, hat or scarf
- School uniform should still be worn as usual, with a yellow item added, if possible

Next steps:

- Please encourage your child to wear a yellow item on Friday 10th October.
- If you have any concerns about your child's mental health, please reach out to their form tutor or our pastoral team

Thank you for your support in raising awareness and helping us make St Edward's a place where everyone can talk openly about their mental health.

Yours sincerely,

Mr J Simm
Vice-Principal